

Summer Tennis Camp Junior



WHAT SHOULD YOU BRING?

- 2/3 rackets with new strings
- 2 pairs of tennis shoes (Clay Court Shoes / Hard Court Shoes)
- 1 pair of sports shoes for physical training
- 6 sports shorts
- 2-13 sports tops
- 12 pairs of socks
- Underwear (2 per day)
- 4/6 sweatshirts or tracksuits
- 1 pair of flip-flops
- Casual clothes
- Pajamas
- 2 caps
- Sports bag / Backpack
- Adapter plug (if needed)
- Isotonic sachets (For mixing with water)
- Any medication or vitamins that should be taken (please state dosage)
- Sweat Towel
- Personal hygiene item

*Please note that some numbers of the items are a recommendation. Shower towels, blankets, and pillows are included.

WHAT SHOULD YOU NOT BRING?

Please note that items such as jewelry, luxury watches, Play Station, PSP, etc., should **not** be brought. Please note RNA will not be responsible for lost or damaged belongings.

BOARDERS

The boarders are assigned large and modern twin or triple bedroom each with their own bathroom, shower, wardrobe, Wi-Fi connection, and central heating and air conditioning. The accommodation is divided into separate areas, according to age and gender. Our boarding committee team, comprised of a psychologist and reception staff, will arrange the boarders' accommodation.

CHECK IN:

Rooms will be ready from 3 pm. In case of arriving earlier to the facilities you can wait leaving your luggage in an enabled room and start your integration with the RNA staff. If you arrive later than the schedule time, the reception is supervised 24 hours a day.

The kitchen is open until 9 pm. In case of later arrival, players will be provided with cold food at the academy's reception.

CHECK OUT:

Sunday from early morning. Rooms must be vacated before 10 am. They can use our facilities until your departure to the airport. Luggage can be kept at the reception until your departure. There is no set program on Sunday. They can leave whenever it is the most convenient.

For extra security, the **passports** and **Petty Cash** of all players **must be kept at the reception** and, to prevent losses or misplaced items, we ask that all items of clothing or kit (racquet bags, racquets, shoes...) are labelled with the player's full name in permanent marker. Rafa Nadal Academy by Movistar is not responsible for lost items or theft of money from rooms.

The residency is supervised and has a 24-hour security service. A team of monitors are also in attends 24hrs a day. The passports of all boarders can be kept in Reception for safekeeping.

NON-BOARDERS PLAYERS (STAYING IN SPORTS CENTRE OR OFF SITE)

Included: Lunch - Snacks and Refreshments.

Not included: Accommodation - Breakfast – Dinner - transport

Non-boarders' timetable: (depending on group/day)

Non-boarders schedule during the week (to be confirmed depending on the group/day): starting at approximately 8 am and finishing at approximately 6 pm.

CHECK IN: They can arrive directly before the start of the Welcome event and level test, which will take place from 5 pm (time to be confirmed a few days before the start of the program). It is compulsory to check in at the reception of the blue building and receive the welcome pack.

CHECK OUT: There is no set program on Sunday. They can leave whenever it is the most convenient.

WELCOME EVENT & LEVEL TEST

On the first Sunday, there will be a welcome event and a level test to organize the tennis groups. This will be done in batches at different times, due to the high number of participants, based on the age of the player. You will be informed by 360 post of the player's final schedule a few days before the arrival at the Rafa Nadal Academy.

Players staying more than one week will only be tested on their first Sunday.

In case a player misses Sunday's level test, he/she will be assigned to a group according to his/her age and the necessary adjustments will be made on Monday by the tennis team.

GROUP CHANGES

Group changes may occur during the week if the tennis coaches consider that a player does not fit by level into the group previously assigned to him/her.

MEALS

All meals are prepared in the Academy's own kitchen. Our nutrition team has specifically designed the menus for the players.

Children with allergies or dietary restrictions are considered and alternative arrangements are made for them. This information must be provided during the registration process. We kindly ask you to complete the form attached in the email with all relevant food information, however if there are changes in your information please contact us at playersdesk@rafanadalacademy.com.

BOARDERS: Breakfast, lunch, snack, refreshments, and dinner included.

NON BOARDERS: Lunch, snacks and refreshments included.

KIDS: Lunch, snacks and refreshments included.

CODE OF CONDUCT AND VALUES FOR ALL STUDENTS

At the Rafa Nadal Academy by Movistar, one of the main values that we want to teach is respect for other people: our colleagues, staff, and sporting rivals. Therefore, learning to respect is part of the program. We have standards of behavior expected from all students, as well as an expectation that the players will respect the facilities.

We have a disciplinary committee designed to tackle transgressions. The Academy will evaluate inappropriate behavior and will take disciplinary action where necessary to ensure that the students learn from their errors.

Enrolment in any of the Academy's programs indicates acceptance of the Academy's code of conduct.

LAUNDRY

For players who are boarding with us, we will provide with a laundry bag for their dirty clothes.

Players who are staying for longer than one week, it is free. The laundry service is also available for players staying for one week with an additional cost of 15€ per bag. We will inform the players of the laundry service days (once or twice per week).

RESTRICTED ACCESS TO RAFA NADAL ACADEMY BY MOVISTAR

The players' residence, players' gym and changing rooms, as well as the American International School and offices, are only accessible to authorized people.

INTERNET/WI-FI

A Wi-Fi connection is available to players bringing their own phone, laptop or tablet (timetable until 22:00h). Players are allowed to have a phone with them but stored in the bag during the activities.

MEDICAL SERVICES

BOARDERS: Medical insurance is included in the price of the program for all boarding players. This policy covers the athlete for both illness and injury, and includes access to top medical specialists. There is a clinic catering to many health areas within our premises and we have access to associated hospitals in Palma through our partner Quirón Health Group. We also have a Nurse Service in our facilities.

NON-BOARDERS: Please, as you have been informed by our sales department during the purchase of the program, for all non-boarding players we request those who have not booked health insurance with us to **send us a copy of their private health insurance card**.

For those players who send us their private medical insurance, we inform you that the management of administrative permits and authorizations for tests must be managed by the players/families with their insurance.

If you wish to take out medical insurance with the Rafa Nadal Academy, please note that the price is 50€/week and you can take it out by contacting our reservation departments (reservations@rafanadalacademy.com).

***Players who do not send us the copy of their private insurance card or take out with the RNA, will not be allowed to participate in any activities.**

LEAVE FROM RNA

Players are not allowed to leave the facility under any circumstances. The only case is if they are taken by their parents or authorized person by parents. The player's parents must authorize and do a sign out at the reception of the blue building so that they can leave the premises accompanied by relatives or acquaintances. Reception must receive written confirmation via email, or in person at the reception desk (reception@rafanadalacademy.com).

360 PLAYER

In order for our players and family members to have all the necessary tools to be connected with the Rafa Nadal Academy teams, we have created the 360 PLAYER project that will provide valuable information on activities organized from the academy, direct communication channels with the RNA staff, game analysis tools and many more uses that you will discover once you start the program.

STORE-SHOP

We have a merchandise store selling textile products and items with the logo of the Rafa Nadal Academy and the Rafa Nadal Museum.

PRO-SHOP

We have a specialized sports shop within our facilities that sells the following items:

- Sports clothing in various sizes, colors, and brands.
- Tennis equipment such as rackets, grips, water bottles, etc.
- Racket strings and a racket stringing service are available.

STUDENT PETTY CASH MANAGEMENT

We recommend that players have between 100€ - 150€ per week in small bank notes. This is advised for beverages, cereal bars, stringing, pro-shop, etc. Players can pay by card under the responsibility of their parents or legal guardians.

It is not possible to make a wire transfer to the Academy to give pocket money to players, except in the case of emergency.

VISA – LETTER OF INVITATION

Once we have received your registration and payment, the Academy will help non-EU residents by providing an invitation letter for visa purposes. Please note that all visa issues are the parents' responsibility.

TRANSPORT

On Sunday, an airport transfer service is included in the price of the Boarding Program, provided that players give 72 hours' notice of their arrival or departure through 360 app form.

Those players considered UM (**Unaccompanied Minor**) by the airline company, must contract with us the escort service to ensure that the minor is accompanied by an adult throughout the return process. This service will cost 60€/person (*90€ for flights between 11:30 pm and 6:30 am) and is different but necessary in case of contracting the UM service with the airline.

The UM service must be **reconfirmed with us** prior to departure due to being subject to operational changes and notified at least 72 hours before departure. Please note that cancellation of the service is non-refundable after 72 hours prior to departure.

***Please note that the accompaniment to the airport (without unaccompanied minor service) consists of accompanying the player to the departure area of the airport, not including waiting and check-in at the airport counter.**

IMPORTANT INFORMATION WHEN BOOKING FLIGHTS:

Please note that check in and check out occurs on Sundays. Any variation to this (arriving one day before or leaving one day later) not only incurs additional costs for accommodation and catering but also affects our operations program. We kindly request that you bear this in mind when booking flights. Any variation from the stipulated dates for check in and check out will be charged 75€ per transfer from/to the airport. This charge does not include any activities, e.g.: tennis training or recreational activities.

Also note that in the event of a problem with your child's flight booking departure, our responsibility will be to look after your child on his/her return to the Academy, and it is the family's responsibility to arrange any changes to the flight booking. Possible transportation costs or extension of an extra night at the Academy will be assumed by the family, understanding that they are the main interested parties in the welfare of their child.

NON-BOARDERS: Palma airport has a licensed taxi rank just outside the terminal building. The cost of a taxi to our facilities in Manacor is approximately 80€/one way. Many car hire firms operate from the airport if you wish to rent a car. We are about a 45-minute drive from the Palma de Mallorca's airport.

WHERE TO FIND US

Address: Crta. Cales de Mallorca s/n, km 1,2. Manacor 07500, Illes Balears, Spain

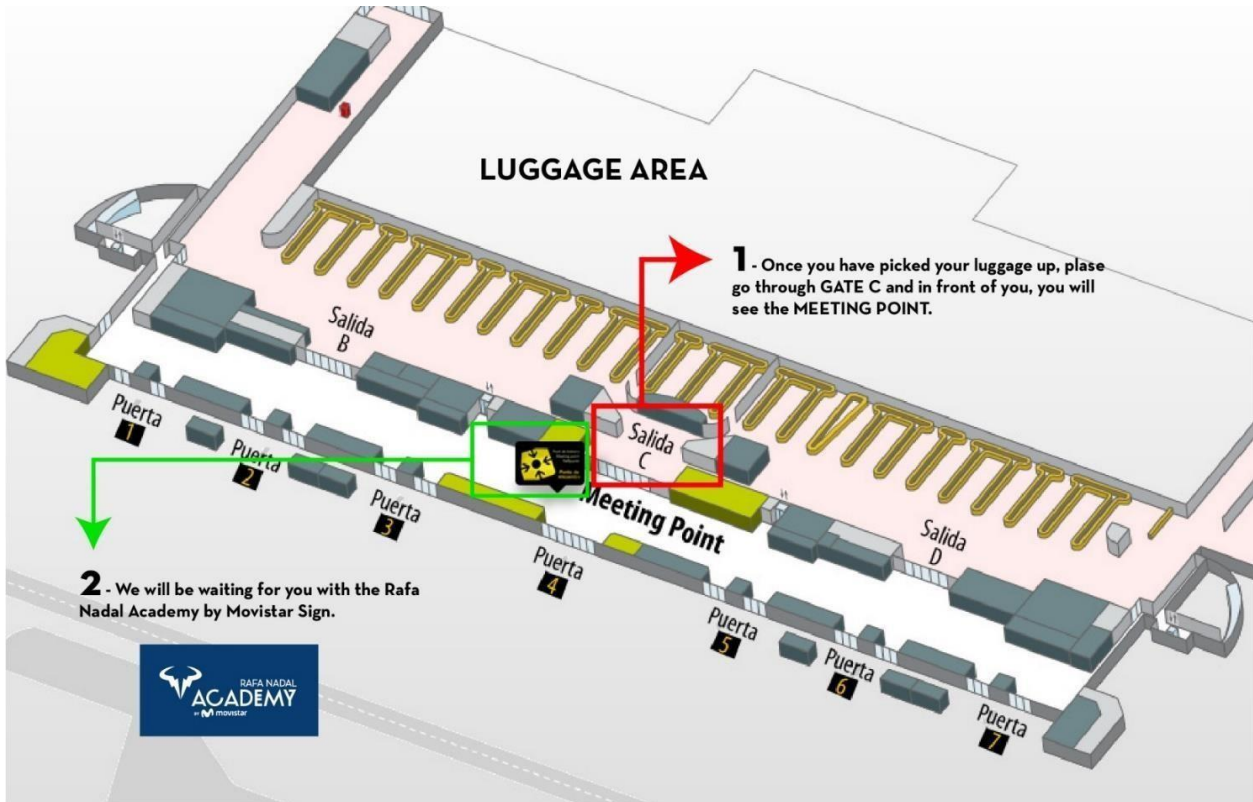
Coordinates: 39°33'33.2"N 3°12'58.8"E

Map: Rafa Nadal Academy

Email: info@rafanadalacademy.com

Phone Number: 00 34 971 845 022

AIRPORT ARRIVAL/DEPARTURE MEETING POINT



PROVISIONAL TIMETABLE SUMMER CAMP JUNIOR 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:30 – Meeting Point	7:45 – Meeting Point					
						Departures /Arrivals
8:00 to 10:00 Tennis					8:00 Football field	
10:00 to 10:30 Energy Break					8:30 to 11:00 Tennis competition	
10:30 to 11:30 RNA GAMES					11:00 to 13:00 Leisure activities	
11:30 to 13:00 Sport Activities						
13:00 – Lunch & Free Time						
						16:00 to 19:30 Welcome event and level test
14:45 – Meeting Point					15:00 Meeting Point	
15:00 to 17:00 Tennis	15:00 to 17:00 Tennis	15:00 to 19:00 RNA Activities	15:00 to 17:00 Tennis	15:00 to 17:00 Tennis	15:00 to 19:30 Boat trip	
17:00 to 18:30 BAC	17:00 to 18:30 BAC		17:00 to 18:30 BAC	17:00 to 18:30 BAC	20:00 to 21:30 BBQ + prizes	

*Summer camp and Sport & Language players will have the opportunity to practice tennis on clay courts outside the Rafa Nadal Academy facilities on one of the days of the week. Both the transfer to the courts and the training will be supervised by their coaches and the day will be determined by their assigned tennis group.

PROVISIONAL TIMETABLE SPORT & LANGUAGE 2024

MONDAY Y	TUESDAY Y	WEDNESDAY Y	THURSDAY Y	FRIDAY	SATURDAY Y	SUNDAY
7:30 – Meeting Point	7:45 – Meeting Point					
8:00 to 10:00 Tennis					8:00 Football field	Departures / Arrivals
10:00 to 10:30 Energy Break					8:30 to 11:00 Tennis competition	
10:30 to 11:30 RNA GAMES					11:00 to 13:00 Leisure activities	
11:30 to 13:00 Sport Activities						
13:00 – Lunch & Free Time						
14:45 – Meeting Point					15:00 Meeting Point	
15:00 to 17:00 Language class	15:00 to 17:00 Language class	15:00 to 19:00 RNA Activities	15:00 to 17:00 Language class	15:00 to 17:00 Language class	15:00 to 19:30 Boat trip	16:00 to 19:30 Welcome event and level test
17:00 to 18:30 BAC	17:00 to 18:30 BAC		17:00 to 18:30 BAC	17:00 to 18:30 BAC	20:00 to 21:30 BBQ + prizes	

*Sport and Language players will have language classes instead of tennis in the afternoon.

PROVISIONAL TIMETABLE SUMMER CAMP KIDS 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:15 – Meeting Point	8:45 – Meeting Point					
9:00 to 10:00 RNA GAMES					8:00 Football field	Departures /Arrivals
10:00 to 11:30 Sport Activities					8:30 to 11:00 Tennis competition	
Energy Break					11:00 to 13:00 Leisure activities	
11:30 to 13:00 Sport Activities						
12:00 to 13:30 Tennis					Free Time	16:00 to 19:30 Welcome event and level test
13:30 – Meeting Point – Kids pick up						

*Summer Camp Kids players will not be allowed to participate in the activities organized by the Rafa Nadal Academy outside the facilities, however, they are invited to the award ceremony and the barbecue organized on Saturday at 8pm.



RAFA NADAL
ACADEMY

by  Movistar